



FOR IMMEDIATE RELEASE: DECEMBER 15, 2011

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Give the Gift of Health This Holiday Season
Flu Vaccination Clinic Held at TMHD December 19!

Looking to wrap up your holiday shopping? Give the gift of health this season. Come to the Trumbull Monroe Health District on Monday, December 19th, between 2:00 p.m. – 4:00 p.m. to receive your flu vaccination. It's not too late to protect yourself and your family. All family members are welcome. The cost is \$25.00, cash or check are accepted.

TMHD has injectable vaccine for those 6 months and older who wish to be vaccinated. Also, TMHD clinics have Flumist available for those 2 years of age to 49 years of age. If you are not ambulatory or require special accommodations, please contact the public health nurse for assistance.

“TMHD welcomes all students home for the holidays to take advantage of the seasonal flu clinics,” said Patrice Sulik, TMHD Director of Health. “Students, as well as all residents, are encouraged to get vaccinated to ensure protection during the holiday season.”

TMHD also accepts Anthem and Anthem Medicare, and ConnectiCare and ConnectiCare Medicare. Individuals should check with their insurance companies regarding coverage, as insurance plans vary. **All insurance cards must be brought to the clinic for billing purposes, as well as a driver's license (if you have one). Participants are responsible for the insurance co-pay or deductible, at the time of vaccination. Medicare does not cover the cost of**

Flumist. Residents who are unable to pay the vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.

Also available at the flu clinics are pneumonia vaccinations. The cost for the pneumonia vaccine is \$60.00. Cash or checks are accepted. Please verify health insurance coverage prior to attending the clinic. All co-pays and deductibles must be paid by the participant.

For more information on the flu clinics or vaccinations, contact TMHD at 203-452-5195. If you are unable to attend the scheduled clinic and are interested in being vaccinated, contact the public health nurse to schedule an appointment that is convenient for you.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our website at www.tmhd.org.