



**FOR IMMEDIATE RELEASE: NOVEMBER 9, 2011**

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**TMHD to Hold Additional Flu Clinics**  
*It's Not Too Late To Get Vaccinated!*

The Trumbull Monroe Health District will be holding several flu clinics during November. If you have not received your flu or pneumonia vaccination it is not too late. TMHD has injectable vaccine for those 6 months and older who wish to be vaccinated. Also, TMHD clinics have Flumist available for those 2 years of age to 49 years of age. If you are not ambulatory or require special accommodations, please contact the public health nurse for assistance.

The public has many options for where they get vaccinated for the flu, but taxpayers might be interested to know that every dollar that the Health District earns on flu shots directly reduces tax dollars that the towns of Trumbull and Monroe contribute to support Health District operations!

“TMHD welcomes all students home for the holidays to take advantage of the seasonal flu clinics,” said Patrice Sulik, TMHD Director of Health. “Students, as well as all residents, are encouraged to get vaccinated to ensure protection during the holiday season.”

Seasonal flu clinics will be held at the TMHD offices, 2 Corporate Drive, Suite 116, Trumbull and are planned for:

- Friday, November 18, from 11:00 a.m. – 1:00 p.m.
- Monday, November 21, from 9:00 a.m. – 11:00 a.m.
- Tuesday, November 22, from 2:00 p.m. – 4:00 p.m.
- Tuesday, November 29, from 2:00 p.m. – 4:00 p.m.

There are no residency requirements and no appointments are necessary. The cost of the seasonal vaccine is \$25.00. Cash and check are accepted. TMHD also accepts Anthem and Anthem Medicare, and ConnectiCare and ConnectiCare Medicare. Individuals should check with their insurance companies regarding coverage, as insurance plans vary. **All insurance cards must be brought to the clinic for billing purposes, as well as a driver's license (if you have one). Participants are responsible for the insurance co-pay or deductible, at the time of vaccination. Medicare does not cover the cost of Flumist. Residents who are unable to pay the vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.**

Also available at the flu clinics are pneumonia vaccinations. The cost for the pneumonia vaccine is \$60.00. Cash or checks are accepted. Please verify health insurance coverage prior to attending the clinic. All co-pays and deductibles must be paid by the participant.

For more information on the flu clinics or vaccinations, contact TMHD at 203-452-5195. If you are unable to attend the scheduled clinics and are interested in being vaccinated, contact the public health nurse to schedule an appointment that is convenient for you.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our website at [www.tmhd.org](http://www.tmhd.org).

