



FOR IMMEDIATE RELEASE: SEPTEMBER 12, 2011

CONTACT: HEATHER HENNING, PHONE 203-452-5195

TMHD Announces Flu Clinic Schedule

The Trumbull Monroe Health District will be holding several flu clinics this fall for pneumonia and seasonal flu vaccinations. This year's flu vaccinations target three flu strains, including H1N1, and anyone who wants to reduce their chances of getting seasonal flu can get vaccinated. TMHD anticipates ample supply of seasonal flu vaccine and pneumonia vaccine, and encourages all residents to get vaccinated. TMHD has injectable vaccine for those 6 months and older who wish to be vaccinated. Also, TMHD clinics have Flumist available for those 2 years of age to 49 years of age. If you are not ambulatory and require accommodation, please contact the public health nurse for assistance.

Seasonal flu clinics are planned for:

- Tuesday, September 20th, from 3:30 p.m. – 6:30 p.m., at the TMHD, 2 Corporate Drive, Suite 116, Trumbull
- Thursday, September 29th, from 7:00 a.m. – 10:00 a.m., at the TMHD, 2 Corporate Drive, Suite 116, Trumbull
- Friday, October 7th, from 12:30 p.m. – 2:00 p.m., at the Monroe Senior Center, 235 Cutlers Farm Road, Monroe. For seniors only.
- Wednesday, October 12th, from 7:00 a.m. – 10:00 a.m., at the TMHD, 2 Corporate Drive, Suite 116, Trumbull

- Thursday, October 13th, from 3:30 p.m. – 6:30 p.m., at the TMHD, 2 Corporate Drive, Suite 116, Trumbull
- Friday, October 14th, from 9:30 a.m. – 11:00 a.m., at Grace Episcopal Church, 5958 Main Street, Trumbull
- Saturday, October 15th, from 11:00 a.m. – 2:00 p.m., at Porcelli's, 902 White Plains Road, Trumbull

There are no residency requirements and no appointments are necessary. The cost of the seasonal vaccine is \$25.00. Cash and check are accepted. TMHD accepts Anthem and Anthem Medicare, and ConnectiCare and ConnectiCare Medicare. Individuals should check with their insurance companies regarding coverage, as insurance plans vary. **All insurance cards must be brought to the clinic for billing purposes, as well as a driver's license (if you have one). Participants are responsible for the insurance co-pay or deductible, at the time of vaccination. Medicare does not cover the cost of Flumist. Residents who are unable to pay the vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.**

Also available at the flu clinics are pneumonia vaccinations. The cost for the pneumonia vaccine is \$60.00. Cash or checks are accepted. Please verify health insurance coverage prior to attending the clinic. All co-pays and deductibles must be paid by the participant.

For more information on the flu clinics or vaccinations, contact TMHD at 203-452-5195.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District

call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our
website at www.tmhd.org.