



FOR IMMEDIATE RELEASE: SEPTEMBER 20, 2010

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TMHD Announces Flu Clinic Schedule

The Trumbull Monroe Health District will be holding several flu clinics this fall for seasonal flu. Seasonal flu vaccinations target three flu strains, including H1N1, and anyone who wants to reduce their chances of getting seasonal flu can get vaccinated. TMHD anticipates ample supply of seasonal flu vaccine and pneumonia vaccine, and encourages all residents to get vaccinated. TMHD has injectable vaccine for those 4 years of age and older who wish to be vaccinated. Also, TMHD clinics have Flumist available for those 2 years of age to 49 years of age.

Seasonal flu clinics are planned for:

- Wednesday, September 29, at the Trumbull Monroe Health District, 2 Corporate Drive, Suite 116, Trumbull, from 4:00 p.m. – 6:30 p.m.
- Friday, October 1, at the Trumbull Monroe Health District, 2 Corporate Drive, Suite 116, Trumbull, from 7:30 a.m. – 9:30 a.m.
- Saturday, October 2, at Poricelli's Market, 902 White Plains Road, Trumbull, from 11:00 a.m. – 2:00 p.m.
- Monday, October 4, at the Trumbull Monroe Health District, 2 Corporate Drive, Suite 116, Trumbull, from 4:00 p.m. – 6:30 p.m.

- Friday, October 8, at the Trumbull Monroe Health District, 2 Corporate Drive, Suite 116, Trumbull, from 7:30 a.m. – 9:30 a.m.
- Tuesday, October 12, at the Trumbull Monroe Health District, 2 Corporate Drive, Suite 116, Trumbull, from 4:00 p.m. – 6:30 p.m.
- Wednesday, October 13, at the Monroe Senior Center, 235 Cutlers Farm Road, Monroe, from 1:30 p.m. – 4:00 p.m. This clinic is open to those 60 years of age and older.
- Thursday, October 14, at Grace Episcopal Church, 5958 Main Street, Trumbull, from 8:00 a.m.–11:00 a.m. This clinic is open to all individuals 4 years of age or older who wish to be vaccinated.

There are no residency requirements and no appointments are necessary. The cost of the injectable seasonal vaccine is \$25.00. Cash and check are accepted. TMHD accepts Anthem, ConnectiCare, HealthNet, and Medicare, Part B insurance. ConnectiCare and HealthNet provide the FluMist for ages 2 years – 49 years. **All insurance cards must be brought to the clinic for billing purposes, as well as a driver’s license (if you have one). Participants are responsible for the insurance co-pay or deductible, if that applies. Anthem and Medicare do not cover the cost of Flumist. Residents who are unable to pay the vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.**

“Prevention is the best means to help stop the spread of seasonal flu,” said Patrice Sulik, TMHD Director of Health. “TMHD is committed to vaccinating our residents, particularly those who are at high risk of complications from influenza.”

It is recommended by the Centers for Disease Control and Prevention (CDC) and the Advisory Committee on Immunization Practices (ACIP) that everyone 6 months of age and older should get vaccinated each year.

TMHD will provide Fluvirin (injectable vaccination) manufactured by Novartis. This vaccine contains the A/H1N1 (pandemic influenza) and A/H3N2 and Influenza B - like antigens, which are thought to most likely occur this winter. Those 4 years of age and older can receive the injectable vaccination. Also available is Flumist (nasal spray) manufactured by Medimmune. It is approved for those 2 years of age through 49 years of age and those who do not have asthma. Children under 5 years of age with recurrent wheezing should not receive the Flumist. Note the vaccine will not prevent illness cause by other viruses.

Also available at the flu clinics are pneumonia vaccinations. The pneumonia vaccine is recommended for:

- All adults 65 years of age and older
- Anyone 2 through 64 years of age who is a smoker or has asthma or has a condition that lowers the body's resistance to infection. If you have questions regarding pneumonia vaccine, please contact the Health District.

The cost for the pneumonia vaccine is \$60.00. Cash or checks are accepted. The pneumonia vaccination is covered by Anthem and Medicare. All co-pays and deductibles must be paid by the participant.

For more information on the flu clinics or vaccinations, contact TMHD at 203-452-5195.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our website at www.tmhd.org.