



FOR IMMEDIATE RELEASE: OCTOBER 26, 2010

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Rotary Club of Monroe Sponsors Flu Clinic to Support Project Warmth

The Rotary Club of Monroe, in conjunction with the Trumbull Monroe Health District (TMHD), will sponsor a flu clinic on Thursday, November 4, 2010, to help support Project Warmth. A \$5.00 donation will be made for each vaccination that is given. The flu clinic will take place at the TMHD offices, 2 Corporate Drive, Suite 116, Trumbull, from 3:30 p.m. – 6:30 p.m. No appointment is necessary.

Injectable Flu vaccinations are available to individuals 6-35 months of age and 4 years of age and older. Flu mist is also available to those 2 – 49 years of age who qualify. The cost of the vaccination is \$25. Cash and check are accepted. TMHD accepts Anthem, ConnectiCare, HealthNet, and Medicare Part B, insurance. Participants must bring their insurance card to the clinic for billing purposes, as well as a driver's license (if you have one). Please verify insurance coverage prior to attending the clinic. Participants are responsible for the insurance co-pay or any deductible that may apply. Residents who are unable to pay the vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.

Seasonal flu vaccinations target three flu strains, including H1N1, and anyone who wants to reduce their chances of getting seasonal flu can get vaccinated.

Also available at the flu clinic are pneumonia vaccinations. The pneumonia vaccine is recommended for:

- All adults 65 years of age and older
- Anyone 19 through 64 years of age who is a smoker or has asthma or has a condition that lowers the body's resistance to infection. If you have questions regarding pneumonia vaccine, please contact the Health District.

The cost for the pneumonia vaccine is \$60.00. Cash or checks are accepted. The pneumonia vaccination is covered by Anthem and Medicare. All co-pays and deductibles must be paid by the participant.

For more information on the flu clinics or vaccinations, contact TMHD at 203-452-5195.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our website at www.tmhd.org.