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It's Not Too Late To Get The Flu Vaccination

It's a new year and the Trumbull Monroe Health District encourages residents to share good tidings and not the flu by getting vaccinated. TMHD has injectable vaccine for those 6 months and older who wish to be vaccinated. Also, TMHD clinics have Flumist available for those 2 years of age to 49 years of age. If you are not ambulatory or require special accommodations, please contact the public health nurse for assistance.

“We typically see the flu peak season between late December and early March, making now a great time to get vaccinated,” said Patrice Sulik, TMHD Director of Health. “We encourage residents to get vaccinated to ensure protection against the flu.”

Call the public health nurse at 203-452-5195 to schedule an appointment that is convenient for you. There are no residency requirements. The cost of the seasonal vaccine is \$25.00. Cash and check are accepted. TMHD also accepts Anthem and Anthem Medicare, and ConnectiCare and ConnectiCare Medicare. Individuals should check with their insurance companies regarding coverage, as insurance plans vary. **All insurance cards must be brought to the clinic for billing purposes, as well as a driver's license (if you have one). Participants are responsible for the insurance co-pay or deductible, at the time of vaccination. Medicare does not cover the cost of Flumist. Residents who are unable to pay the vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.**

Also available are pneumonia vaccinations. The cost for the pneumonia vaccine is \$60.00. Cash or checks are accepted. Please verify health insurance coverage prior to attending the clinic. All co-pays and deductibles must be paid by the participant.

For more information on the flu or pneumonia vaccinations, contact TMHD at 203-452-5195.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our website at www.tmhd.org.