



**FOR IMMEDIATE RELEASE: DECEMBER 13, 2010**

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## **Stratford Health Department and Trumbull Monroe Health District Team Up For FREE Flu Vaccine Clinic**

Do you still have holiday shopping to do? Have you been unable to find time to get vaccinated for the flu? If you answered yes, then visit us at Westfield Mall in Trumbull for your one stop shopping –vaccination experience. The Trumbull Monroe Health District (TMHD) and the Stratford Health Department (SHD) will be conducting a public health preparedness drill on Thursday, December 16, 2010, from 4:00 – 8:00 p.m., at the Trumbull Mall, 5065 Main Street, Trumbull. Flu vaccinations and Flumist (for those 2 years of age to 49 years of age) will be available, free of charge. There are no residency requirements and no appointments are necessary. This is a great opportunity to prevent illness this flu season while finishing your holiday shopping and helping your local health departments drill for an emergency. Andrea Boissevain, SHD Director of Health, states “This event will enable us to drill our volunteers as well as other components of our pandemic flu response plan. We appreciate Westfield’s support of this community event.”

The seasonal flu vaccinations target three flu strains, including H1N1. TMHD and Stratford Health Department encourage all those who have not been vaccinated to get vaccinated.

“Prevention is the best means to help stop the spread of seasonal flu,” said Patrice Sulik, TMHD Director of Health. “The mall has a lot of great deals during the holiday season, but free vaccine has to be the best deal of all”.

It is recommended by the Centers for Disease Control and Prevention (CDC) and the Advisory Committee on Immunization Practices (ACIP) that everyone 6 months of age and older should get vaccinated each year.

Get vaccinated today! For more information on the public health preparedness flu vaccination drill contact the Stratford Health Department at 203-385-4090 or the Trumbull Monroe Health District at 203-452-5195.