



FOR IMMEDIATE RELEASE: NOVEMBER 29, 2010

CONTACT: HEATHER HENNING, PHONE 203-452-5195

It's Not Too Late To Get Your Flu Shot!
Flu Clinics Scheduled for December

It's not too late to get your flu shot! The Trumbull Monroe Health District (TMHD) has scheduled additional flu clinics for the month of December. All clinics will be held at the TMHD offices, 2 Corporate Drive, Suite 116, Trumbull. No appointment is necessary and there are no residency requirements. The seasonal flu vaccinations target three flu strains, including H1N1. TMHD has injectable vaccine for those 4 years of age and older who wish to be vaccinated and Flumist for those 2 years of age to 49 years of age.

Flu clinics are scheduled for:

- Thursday, December 9, 2010, from 9:00 a.m. – 1:00 p.m.
- Wednesday, December 15, 2010, from 12:00 p.m. – 4:00 p.m.
- Tuesday, December 21, 2010, from 9:00 a.m. – 1:00 p.m.
- Tuesday, December 28, 2010, from 12:00 p.m. – 4:00 p.m.

The cost of the seasonal vaccine is \$25.00. Cash and check are accepted. TMHD accepts Anthem, ConnectiCare, HealthNet, and Medicare, Part B insurance. ConnectiCare and HealthNet provide coverage for the FluMist for ages 2 years – 49 years. **All insurance cards must be brought to the clinic for billing purposes, as well as a driver's license (if you have one).** **Participants are responsible for the insurance co-pay or deductible, if that applies. Anthem and Medicare do not cover the cost of Flumist. Residents who are unable to pay the**

vaccination fee should contact the Public Health Nurse at TMHD for assistance at 203-452-5195.

For more information on the flu clinics or vaccinations, contact TMHD at 203-452-5195. If you are unable to attend one of the above clinics and still need to get vaccinated, contact the public health nurse to schedule an appointment. Get vaccinated today!

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 203-452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m. or visit our website at www.tmhd.org.