



Trumbull Town Hall Annex  
5892 Main Street  
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**It's Not Too Late To Get Your Pneumonia Vaccination  
Vaccinations Available at TMHD**

It's not too late! Pneumonia vaccinations are still available at the Trumbull Monroe Health District (TMHD). The cost of the vaccination is \$50.00. Cash or checks are accepted. Coverage by insurance providers varies. Contact your provider prior to scheduling an appointment. To schedule an appointment call TMHD at 452-5195 and ask to speak to the public health nurse.

Pneumococcal disease accounts for about 40,000 cases of invasive disease each year in the U.S. Most of these cases affect those 65 years of age or older.

Pneumococcal disease is an infection caused by a type of bacteria called *Streptococcus pneumoniae*. When it enters the lungs, it can cause pneumonia. Pneumonia is a serious infection and can be life-threatening. Symptoms of pneumococcal pneumonia include fever, cough, shortness of breath, and chest pain.

Pneumococcal disease can be prevented with a vaccination. The vaccine is safe and effective in preventing illness and death due to pneumococcal disease. According to the Centers for Disease Control and Prevention, a single dose protects against 23 different types of *Streptococcus*

*pneumoniae* bacteria that are responsible for some 75 percent of all pneumococcal disease cases in adults.

The pneumonia vaccine is recommended for:

- All adults 65 years of age and older
- People 18 years of age or older who smoke or have asthma or have a condition that lowers the body's resistance to infection.
- People 2 years of age or older who have a chronic illness such as cardiovascular or pulmonary (lung) disease, sickle cell disease, diabetes, alcoholism, chronic liver diseases, cerebrospinal fluid (CSF) leaks or a cochlear implant.
- People 2 years of age or older with a weakened immune system due to illnesses such as HIV infection, AIDS, chronic renal failure, nephrotic syndrome, organ or bone marrow transplantation, Hodgkin's disease, leukemia, lymphoma, multiple myeloma, generalized malignancy; those receiving immunosuppressive therapy (e.g., steroids), and those who have had their spleen removed or whose spleen is dysfunctional due to an illness such as sickle cell disease.
- People 2 to 64 years of age who are living in nursing homes or other long-term care facilities.

If you have questions regarding pneumonia vaccine, please contact the Health District at 452-5195.

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The mission of the Trumbull Monroe Health District is to protect the health of residents, and to prevent disease. For more information on the Trumbull Monroe Health District call 452-5195, Monday through Friday from 8:30 a.m. – 4:30 p.m.